

Residential and Commuter Camp Schedule

Camp schedule (Monday - Wednesday) Sunday and Thursday schedules are slightly different as they are half days.

7:30 am - Rise and Shine!

8:00 am - Breakfast

8:30am - Room clean up

9:00am - Commuter campers arrive. Field work, individual skill work

10:30 am - Passing, Shooting, dribbling, collecting, heading, juggling and goalkeeping

11:45am - Lunch

12:15 - Free time in dorms

1:00pm - Instructional video

2:00pm - Staff demonstration

2:30pm - small-sided games and skilled games

5:00pm - Dinner

5:30pm- Free time in dorms

6:30pm - Twilight games (Full sided games)

8:00pm - Commuters are picked up. Residential campers return to dorms.

8:30pm - Movie in lobby or free time

10:30 - Lights out!